



THE MOSAIC PROJECT



toll-free youth services info line

833-MOSAICU

FROM ROUTINE TO CRISIS
24/7

ANNUAL REPORT YEAR 3

October 1, 2021 - September 30, 2022

LIFTING FAMILIES UP.



A program of the Mental Health & Recovery Board of Union County.



WHAT IS THE MOSAIC PROJECT?

The primary goal of The Mosaic Project is to make it easy for families to access activities and services that promote social and emotional wellness. Services provided through The Mosaic Project cover the entire Institute of Medicine’s Behavioral Health Continuum of Care and includes a core benefit package for youth. This includes services in prevention, intervention, treatment, and recovery supports as well as providing extensive evidence-based programming.

The Mosaic Project is funded by a federal grant from the Substance Abuse & Mental Health Services Administration awarded to the Mental Health & Recovery Board of Union County (MHRB) for Federal Fiscal Year 2019-2023.

EVALUATOR'S NOTE

by Tammy L. Collins, Ph.D., OCPC

A comparison of Mosaic Project projected benchmarks from the grant application to actual outcomes achieved during each of the first three years of the grant shows how the system of care for youth and families is being transformed to ensure that all children in Union County have access to the right service at the right time. Although Union County has experienced the same behavioral health workforce shortages as the rest of the state and country, the new services developed in the previous year were made widely available this year resulting in an increase of youth and families served in 2022.

YEAR	BASELINE	REASSESSMENT	DISCHARGE	TOTAL
2020	164		9	173
Maryhaven	127		6	133
Ohio Guidestone	37		3	40
2021	87	36	8	131
Maryhaven	83	33	6	122
Ohio Guidestone	4	3	2	9
2022	123	43	57	223
Maryhaven	119	39	53	211
Ohio Guidestone	4	4	4	12
TOTAL	251	36	17	304



TRAINING OF PROFESSIONALS

Hosted trainings for more than 422 professionals
Youth Crisis Summit 89
Ohio Peer Support Conference 75

Marysville Schools Staff Presentation 76
Mill Valley Elementary Training 35
North Union Elementary PAX Refresher 48
North Union Schools Convocation 110

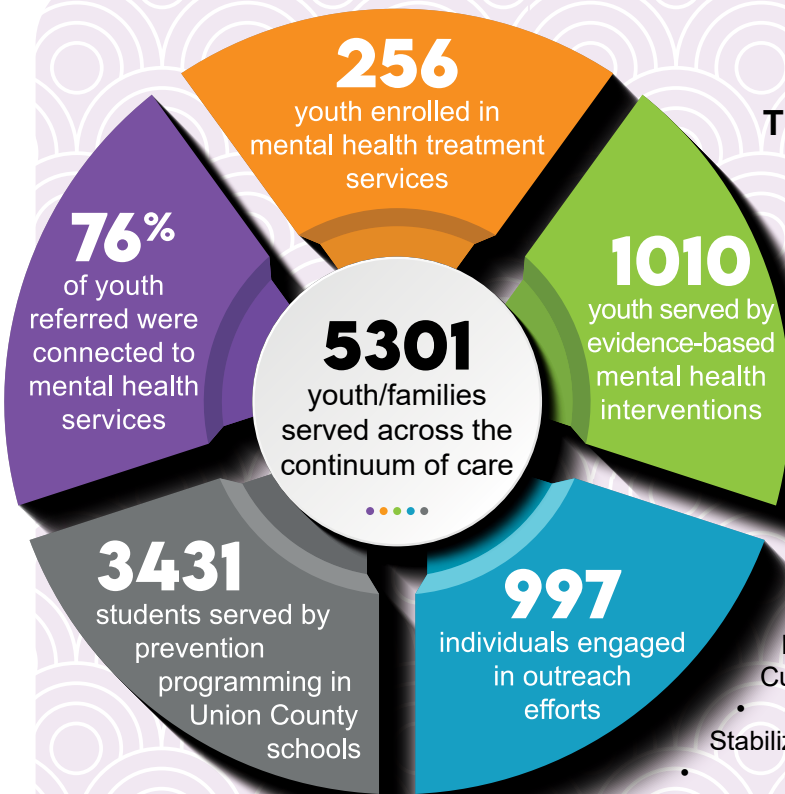
SYSTEM OF CARE IMPROVEMENTS

The following major areas of policy or practice changes that resulted from the Mosaic Project

- Funded the hiring of a new Council for Union County Families Executive Director
- Changes in organizational structures to better support service delivery

Improved Cultural Responsiveness and; Programming Humility

- State Family Peer Support Certification
- SIM Report Presentation
- Increased Outreach and Support
- Adopted FREDLA Practice Model for Parent Peer Support and became Ohio License Holder for the Curriculum
- Served families with the Youth Mobile Response and Stabilization Services Team (MRSS)
- Served families with the Mosaic Line (and other Youth Systems) for Youth BH concerns from Routine to Crisis
- Hosted LGBTQIA+ outreach for parents and youth



Client Engagement Accomplishments

The Mosaic Project maintained access to the enhanced service system developed through Mosaic despite struggles with behavioral health workforce recruitment and retention.

Increased Access to Services

- Youth receiving MH services from three contracted provider agencies
- Youth referred for MH services following School-Based Mental Health Navigator SBIRT Process
- Access and engagement in mental health services by youth screened and referred by the Mental Health School-Based navigators
- Funded a full-time Intensive Care Coordinator at Council for Union County Families
- Provided funding to hire staff to establish the Mosaic Project Mobile Response and Stabilization Services Team
- Served families through Active Parenting and Incredible Years

Outreach

About 997 individuals were engaged through program outreach efforts including LGBTQIA+ Youth, Parent Groups, trainings in evidence-based practices, outreach through Parent Peer Support, calls to helpline, youth served through Mobile Response and Stabilization Services Team, LGBTQ+ Youth Group and various other efforts. The Mental Health and Recovery Board and The Mosaic Project fund support services for Marysville Exempted Village School District, Fairbanks Local School District, North Union Local School District, St. John's Lutheran School, and Trinity Lutheran School.

Mental Health

A total of 123 new youth in addition to several of the 251 youth that were enrolled during federal fiscal years 2020 and 2021 received on-going mental health treatment services through Mosaic in FFY 2022. Of the new youth enrolled in 2022, Maryhaven served 119 and Ohio Guidestone served four. Assessments are required by SAMHSA to be conducted at intake, every six months and at discharge. Due to the compliance rate with reassessment being only 35%, the number of youth discharged during the year could not be calculated at the time of this report. The compliance rate increased by 15% this year (from 20% to 35%). MHRB is providing additional resources to bring the reassessment rate up to at least 80%.

THE YOUTH SERVICES SUMMIT : CRISIS ACADEMY

MARCH 23, 2022

Lights, Camera, Action! On March 23, 2022, the Mental Health and Recovery Board hosted a Youth Crisis Summit at The Avalon Theatre in downtown Marysville. The full day event included a celebration of the youth crisis work happening in Union County and collective visioning for the future. The stellar turnout was a testament to the collaboration of all of the youth-serving agencies in Union County and their collective commitment to supporting youth and families. There were 88 attendees and more than 35 youth-serving agencies, both state and local,

represented. Highlights of the day included a welcome from the Ohio Mental Health and Addiction Services Director, Lori Criss, a keynote presentation from global human rights advocate, William Kellibrew, presentations from Denise Sulzbach and Elizabeth Manley of the Institute for Innovation at University of Maryland, Dr. Gretchen Hammond's revisiting of the sequential intercept map and points of intervention for youth crisis, a Union County youth crisis scenario and panel, and honoring our Champions for Change Award winners including the Maryhaven Team, Mark Gallagher of Marysville Schools, Marysville PrideFest Committee, and Dr. Phil Atkins of the MHRB. This event was an exciting opportunity to shine the spotlight on the innovative work happening in Union County every day!





ONE YEAR OF MOBILE RESPONSE & STABILIZATION SERVICES

October 1, 2021-September 30, 2022

Unique Families
Served by MRSS

48

The MRSS Team provides assistance to families and youth up to age 21 who are experiencing difficulties or distress in 60 minutes or less.

Family Satisfaction Rate: 4.7/5

156

Calls to 24/7
Mosaic Line

56

Calls Referred
to MRSS Team

31

Immediate
Responses

25

Scheduled
Responses

257

Follow-up
Appointments
with Families

STRENGTHS OF THE SERVICE IDENTIFIED BY UNION COUNTY FAMILIES:

- de-escalation
- quick assistance to family's location
- regular follow-up
- warm hand-off referrals to services without a long wait
- skill development and education
- tips to handle problems and set healthy expectations

"They've been very helpful. I know it's a short-term service, but they pointed us to long-term services and made connections with other providers in the area."

"I think it's a great program. When I called, I didn't know what to do."

"It was a good start. We keep finding things to help, and it all started here."

"This kind of thing is like a miracle for a family like mine."

"It's good for families to have a third party and people listen to someone outside their family more than in their family."

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FUNDED BY



mental health &
recovery board
UNION COUNTY

PROVIDED BY



MARYHAVEN
Helping People Restore Their Lives

SCHOOL-BASED PREVENTION PROGRAMMING

- **Signs of Suicide (SOS):** A two-session suicide prevention program based upon the ACT (Acknowledges, Care, Tell) model when concerned about suicidal thoughts or actions for self or peers.
Total students served: 480 - Total classes held: 16
- **Project Alert:** An eleven-session middle school SUD prevention program that enhances and encourages the use of refusal skills in promoting healthy behaviors including drug-free life choices.
Total students served: 512- Total classes held: 52
- **Botvin's Lifeskills:** A ten-session high school SUD prevention program that reinforces healthy decision making by teaching low-risk behaviors choices and emotional impact.
Total students served: 296 - Total classes held: 15
- **DBT - Steps A:** A 20-session suicide prevention universal program based off DBT Therapy. Middle and high school students learn coping skills, emotional regulation, problem solving and mindfulness.
Total students served: 1,318 - Total classes held: 86
- **Too Good for Drugs:** A universal prevention education program designed to mitigate the risk factors and enhance protective factors related to alcohol, tobacco, and other drug (ATOD) use. Union County 4th and 6th grade students developed social and emotional skills for making healthy choices, building positive friendships, developing self-efficacy, communicating effectively, and resisting peer pressure and influence.
Total students served: 548 - Total classes held: 23
- **Summer Career Program:** A five-week Mental Health Career Pathway Learning Program for Union County youth in grades 9-12. Students explore career options in mental health and social work through engaging activities including college visits, service projects, fun and games, and speakers from a variety of mental/behavioral health agencies and professions.
Total students served: 22 - Total classes held: 16

YOUTH-LED PROGRAMMING

Gatekeepers: Middle School (7 & 8th) and High School opportunity for teens invested in helping peers find help for concerns of mental health and suicidal ideation.

Total students served: 255 - Total meetings: 86



PARENT PROGRAMMING

- **ACT Raising Safe Kids:** This program teaches positive parenting skills to parents and caregivers of children from birth to age 10.

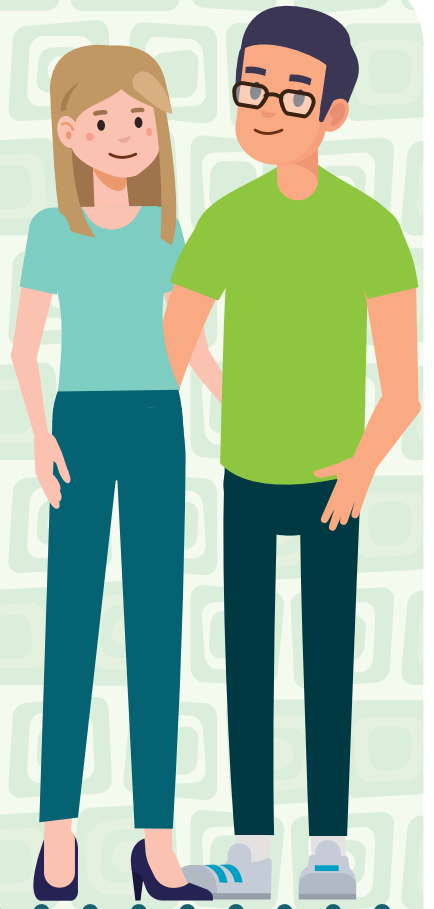
Total participants: 42

- **Guiding Good Choices:** A five-session, multimedia family-competency training program that promotes healthy, protective parent-child interactions and addresses children's risk for early substance use.

Total participants: 19

- **Family Check-Up:** The Family Check-Up model is a brief, strengths-based intervention for families with children ages 2 through 17. The intervention aims to improve parenting skills and family management practices, with the goals of improving a range of emotional, behavioral, and academic child outcomes.

Total participants: 3



21

LGBTQ+ Connect
Groups Held for
Youth & Families

MOSAIC FAMILY SUPPORT INSTITUTE



FREDLA

Practice Model Training

- Parent Peer Support Provider Training
- Parent Peer Support Supervisor Training

MOSAIC FAMILY SUPPORT INSTITUTE

**Parent Peer Support
Community of Practice**

**Professional
Development**

**Consultation & Technical
Assistance**

Family Peer Support (FPS) is a caregiver-to-caregiver approach to supporting families caring for children, youth and young adults with mental health and/or substance use challenges. The Mental Health &

Recovery Board of Union County is committed to supporting the growth of this important workforce in the county and in the state of Ohio. The MHRBUC is the Ohio license holder for the Parent Peer Support Provider Practice Model and Supervisor curricula.

The Union County training is one of two approved curricula for Ohio Family Peer Support certification.

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Union County
Families Served
by Family Peer
Support



THE MOSAIC PROJECT

The Mosaic Project

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24/7 Mosaic Line 833-MOSAICU (833-667-2428) or text 4help to 85511

FUNDED PARTNERS



GOVERNANCE BOARD MEMBERS

CareSource
Columbus Springs
Central Ohio Youth Center
Council for Union County Families
Harbor Behavioral Health
HelpLine
Kaleidoscope Youth Center
Marshall University
Maryhaven
Marysville Exempted Village School District
Mental Health and Recovery Board of Union County
Nationwide Children's Hospital

North Union School District
Ohio Department of Medicaid
Ohio Guidestone
Prevention Awareness Support Services
Partners for Kids
Pinwheel Creative
The Village Network
Union County Commissioners Office
Union County Health Department
Union County Job and Family Services
Union County Probate & Juvenile Court
Wings Support & Recovery